



**OAKS PARK SIXTH FORM**

Learning Together, Achieving Together



# **BTEC Health & Social Care** **Transition Booklet 2026-27**



Full Name: \_\_\_\_\_

| Key Areas of Focus          |                                                                                                                                                                                                                                                                                        |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Introduction to BTEC Course | Human lifespan development and ageing society                                                                                                                                                                                                                                          |
| GCSE Link                   | L2 Tech Award in HSC, Biology, Sociology                                                                                                                                                                                                                                               |
| Skills                      | Literacy, comprehension, analytic skills, observation, interpretation, numeracy, problem solving, providing opposing views and deducing a conclusion.                                                                                                                                  |
| Wider Reading               | The Fault in our Stars – John Green<br>This is Going to Hurt – Adam Kay<br><a href="https://www.kingsfund.org.uk/insight-and-analysis/long-reads/relationship-poverty-nhs-services">https://www.kingsfund.org.uk/insight-and-analysis/long-reads/relationship-poverty-nhs-services</a> |

You are about to begin the transition project for the Level 3 BTEC National Extended Certificate in Health and Social Care.

During year 12 you will complete 2 units, unit 1 and unit 2. These units are both assessed through an external examination. This transition project seeks to prepare you for the key skills and knowledge needed for this course.

The project is split into 3 parts:

1. Human Lifespan and Development
2. Working in Health and Social Care
3. Health and Social Care and Covid-19

You will complete your work within this document. If you have any trouble, please create a copy of this document and send it to me via email once it is complete.

If you need any support with this please email

## Part 1

### Human Lifespan Development

Learners cover physical, intellectual, emotional and social development across the human lifespan, the factors affecting development and the effects of ageing. You will just be focusing on content covered in **learning aim A: Human growth and development through the life stages**

#### Task: Keywords and Definitions

Please research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

| Keyword                     | Definition |
|-----------------------------|------------|
| Growth                      |            |
| Development                 |            |
| Centile Lines (percentiles) |            |
| Development norms           |            |
| Milestone                   |            |
| Gross motor skills          |            |

|                                  |  |
|----------------------------------|--|
| Fine motor skills                |  |
| Adolescence                      |  |
| Menopause                        |  |
| Life expectancy                  |  |
| Cognitive impairment             |  |
| Abstract logical thinking        |  |
| Egocentric thinking              |  |
| Concrete logical thinking        |  |
| Equilibrium                      |  |
| Disequilibrium                   |  |
| Self-concept (sense of identity) |  |
| Stranger anxiety                 |  |

**Task: what are the age ranges and key **physical** features of the life stages?**

| Life Stage        | Age       | Key Features                                                                     |
|-------------------|-----------|----------------------------------------------------------------------------------|
| Birth and infancy | 0-2 years | Infants grow rapidly, at around 1 years old infants can walk, by 2 they can run. |
| Early childhood   |           |                                                                                  |
| adolescence       |           |                                                                                  |
| Early adulthood   |           |                                                                                  |
| Middle adulthood  |           |                                                                                  |
| Later adulthood   |           |                                                                                  |

Task: Explain Piaget's model of **intellectual** (cognitive development)

<https://www.youtube.com/watch?v=IhcgYgx7aAA>

Include:

- ☐ 3 facts about Piaget
- ☐ A brief description of the 4 stages of cognitive development
- ☐ Which life stages is this relevant to and why?

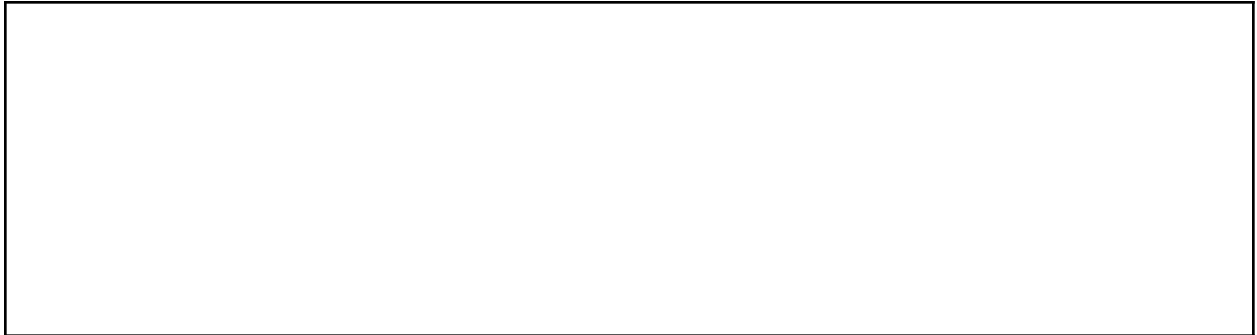
Task: Using this table and your general knowledge (you can research if you need to) what positive and negative events can affect a person's **emotional** and **social** development? I have included some examples. Aim to include at least 3 additional ones in each.

|                       | Positive                                                                              | Negative                                                                          |
|-----------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| Emotional Development | <ul style="list-style-type: none"><li>• A sense of security from caregivers</li></ul> | <ul style="list-style-type: none"><li>• Lack of love and affection</li></ul>      |
| Social Development    | <ul style="list-style-type: none"><li>• Opportunities to be independent</li></ul>     | <ul style="list-style-type: none"><li>• Bad influences from peer groups</li></ul> |

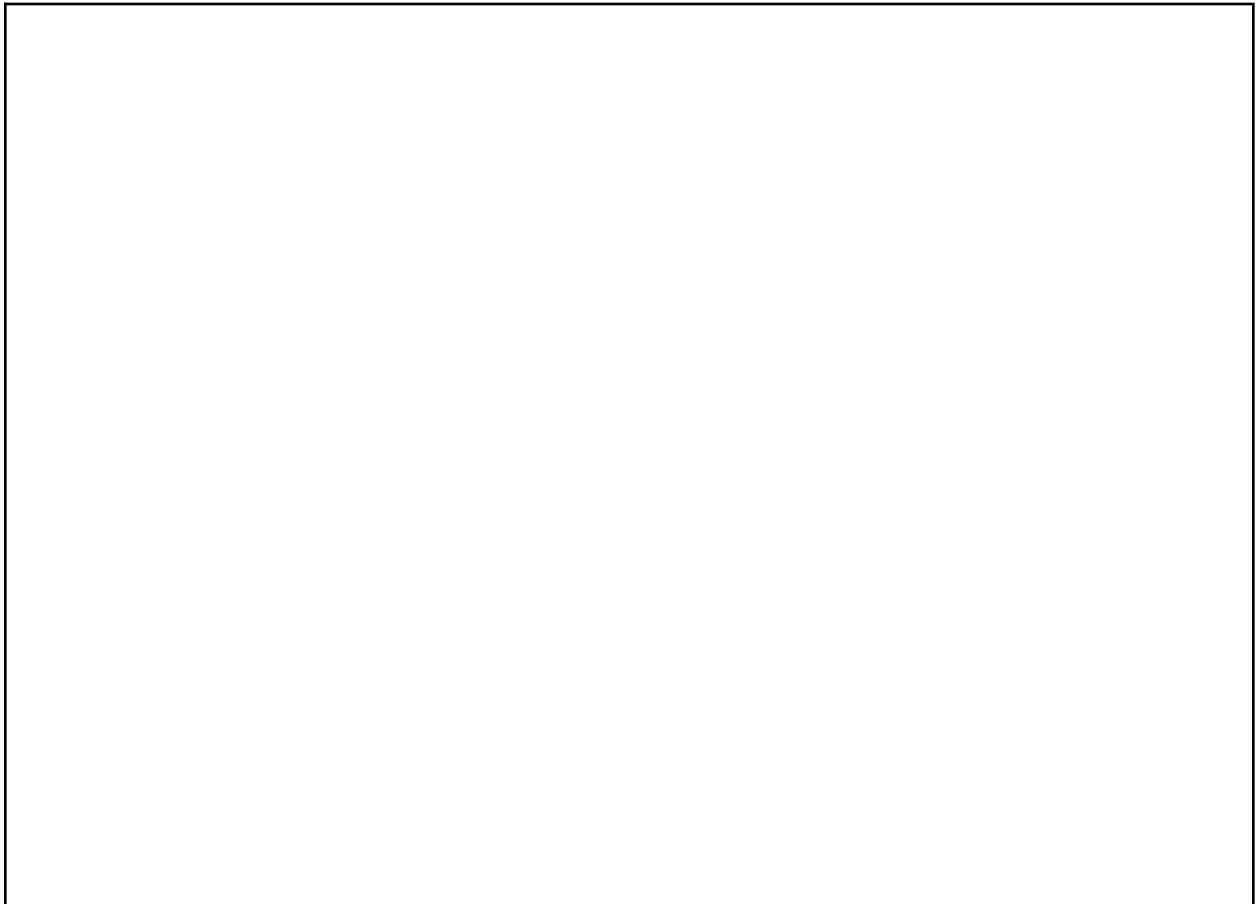
Watch this presentation at Oxford University on ageing

<https://www.youtube.com/watch?v=uJlPOqHcFKI>

Review/synopsis: Write a short summary about the presentation/talk. Include all key information of the presentation. Explain what was thought-provoking about it and the questions it led to. How did it make you feel?



Discuss how the ageing population is going to or has impacted health and social care and wider society.



| Teacher Feedback |  |
|------------------|--|
| WWW:             |  |
| Closing the gap: |  |
| Student comment: |  |

## Part 2

### Working in Health and Social Care

Learners cover the roles and responsibilities of health and social care (H&SC) practitioners. You will just be focusing on content covered in **learning aim A: The roles and responsibilities of people who work in health and social care settings**

#### Task: Keywords and Definitions

Please research the meanings of these words. Please do not copy and paste, try to put them into your own words to show your understanding.

| Keyword                        | Definition |
|--------------------------------|------------|
| General Practitioner           |            |
| Preventative care              |            |
| Consultant                     |            |
| Nurse practitioner             |            |
| Health screening               |            |
| Antenatal care                 |            |
| Postnatal care                 |            |
| Supported housing              |            |
| Policies                       |            |
| Procedures                     |            |
| Safeguarding                   |            |
| Self-help groups               |            |
| Rehabilitation                 |            |
| Psychotherapy                  |            |
| Complementary therapies        |            |
| Conventional medical treatment |            |

|                              |  |
|------------------------------|--|
| Assistive technology         |  |
| Domiciliary care             |  |
| Halal                        |  |
| Kosher                       |  |
| Gluten                       |  |
| Informal care                |  |
| Code of practice             |  |
| Anti-discriminatory practice |  |
| Prejudice                    |  |
| Empowerment                  |  |
| Individualised care          |  |
| Self esteem                  |  |
| Multicultural society        |  |
| Advocate                     |  |

**Task: Research your local GP surgery**

|                                                                                        |  |
|----------------------------------------------------------------------------------------|--|
| Name of the and location of the surgery                                                |  |
| What different services do they provide?<br>I.e. alcohol, mental health etc.           |  |
| What are the different methods of seeking<br>support from them? I.e. phone, email etc. |  |
| Additional information                                                                 |  |
|                                                                                        |  |
|                                                                                        |  |
|                                                                                        |  |

Watch this documentary: Caring and Sharing

<https://www.bbc.co.uk/iplayer/episode/p06zhfvw/the-nine-to-five-with-stacey-dooley-series-1-2-caring-and-sharing>

### **Nine to Five with Stacey Dooley, Season 1 Episode 2: Caring and Sharing**

In this episode of "Nine to Five with Stacey Dooley," viewers follow Stacey as she explores the world of care work, specifically looking at the challenges and rewards of being a caregiver. Stacey spends time with various individuals who provide care, from a live-in carer for an elderly woman to a foster parent caring for children in need. The episode sheds light on the emotional and practical aspects of caregiving, highlighting the importance of empathy, patience, and dedication in this vital field.

**Fill in the Blank:** Fill in the blank with the correct words.

1. Stacey Dooley explores the challenges and rewards of being a \_\_\_\_\_.
2. A live-in carer provides care for an \_\_\_\_\_ woman.
3. Caregivers must demonstrate \_\_\_\_\_ and \_\_\_\_\_ in their work.
4. The episode focuses on the \_\_\_\_\_ and \_\_\_\_\_ aspects of caregiving.
5. Caregiving is a \_\_\_\_\_ field that requires a great deal of dedication.

**Word Bank:**

caregiver  
elderly  
empathy  
patience  
emotional  
practical  
vital

**Multiple Choice Questions:** Choose the correct answer from the choices for each question.

1. What is the primary focus of the episode?
  - a) The daily routine of a caregiver
  - b) The financial aspects of caregiving
  - c) The challenges and rewards of care work
  - d) The training required to become a caregiver
2. Who does Stacey spend time with during the episode?
  - a) Doctors and nurses
  - b) Social workers and counsellors
  - c) Live-in carers and foster parents
  - d) Volunteers and charity workers

3. Which of the following is NOT mentioned as an important quality for a caregiver?
  - a) Patience
  - b) Empathy
  - c) Dedication
  - d) Assertiveness
4. What does the episode aim to highlight about the field of caregiving?
  - a) The high financial rewards
  - b) The lack of recognition for caregivers
  - c) The importance of this vital work
  - d) The easy nature of the job
5. Which aspect of caregiving does the episode focus on the most?
  - a) The physical tasks involved
  - b) The emotional and practical aspects
  - c) The training and qualifications required
  - d) The government policies and regulations

**Open Ended Questions:** Answer the following questions in complete sentences:

1. Explain why the episode emphasises the importance of empathy and patience for caregivers.

2. Describe the different types of caregiving roles that Stacey explores in the episode.

3. How does the episode highlight the challenges and rewards of being a caregiver?

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| Teacher Feedback |  |
|------------------|--|
| WWW:             |  |
| Closing the gap: |  |
| Student comment: |  |

## Part 3

### Health and Social Care and Covid-19

**Task:** Read this article by the King's Fund and complete the task

*The King's Fund is an independent charitable organisation working to improve health and care in England. Our vision is that the best possible health and care is available to all.*

<https://www.kingsfund.org.uk/blog/2020/04/health-social-care-covid-19-coronavirus>

Review/synopsis: Write a short summary about the article. Who, what, where, when, why? Include all key information of the story. Explain what was thought-provoking about it and the questions it led to. How did it make you feel? What impact is Covid 19 going to have on H&SC?

| Teacher Feedback |  |
|------------------|--|
| WWW:             |  |
| Closing the gap: |  |
| Student comment: |  |

