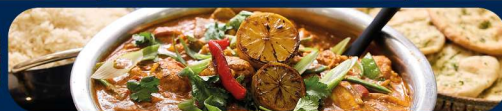


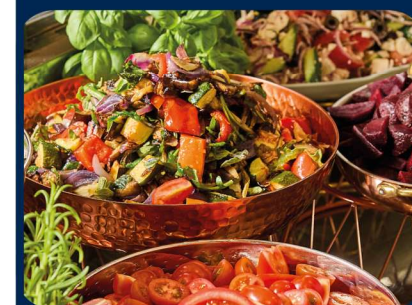
MAINS

FROM £2.40

MON	TUE	WED	THU	FRI
MEDITERRANEAN Caponata Chicken & Chickpea Tray Bake Caponata Vegetable & Chickpea Tray Bake Penne Pasta Garden Salad Garlic Bread	MASALA MOMENTS Smokey Butter Chicken Masala with Mango Chutney Smokey Tofu Makhani with Mango Chutney Pilau Rice Spicy Roasted Cauliflower Pappadums	MOST OF ROAST Roast Turkey with Stuffing & Herb Gravy Seasonal Vegetable & Lentil Wellington with Stuffing & Herb Gravy Skin on Roast Potatoes Roasted Carrots & Parsnips Yorkshire Pudding	INDO-MEX Lamb Eat Curious Keema Burrito Bowl with Salsa Eat Curious Veggie Keema Burrito Bowl with Salsa Zesty Lime & Coriander Rice Roasted Cumin Cauliflower Masala Nachos	FISH & CHIP SHOP Battered Fish Fillet Crispy Vegetable Samosa with Mango Chutney Chips Peas Baked Beans Curry Sauce



**PASTA/JACKETS
STATION AND SALAD
BAR AVAILABLE
EVERYDAY!**



**LOOK OUT FOR OUR
MEAL DEALS AND
GRAB & GO!**



MON TUE WED THU FRI	HOT DELI/GLOBAL EATS FROM £2.50	DESSERTS FROM £1.25
	Plant Burger with Coleslaw & Wedges	Lemon & White Chocolate Drizzle Cake
	Korean Chicken Bibimbap with Hot Chilli Sauce	American Apple Streusel
	Indonesian Chicken Stir-Fried Rice	Toffee & Banana Cake
	Lamb Kofta with Raitha, Flatbread and Salad	Baked Coconut Rice Pudding with Mango Compote
	Crispy Chicken Tenders	Bread And Butter Pudding

W/C: 31/08/2026, 21/09/26,12/10/26, 02/11/26,23/11/26,14/12/26

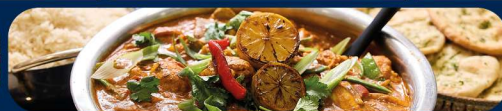
**ALLERGEN
INFORMATION**

If you have a food allergy or intolerance, please ask the Allergen Guru or Chef Manager about the ingredients in your meal.

MAINS

FROM £2.40

MON	TUE	WED	THU	FRI
TEX-MEX Creamy Cajun Chicken Black Beans & Roasted Peppers Cheesy Bean & Pepper Quesadilla Steamed White & Wholegrain Rice Roasted Corn Tortilla Chips	TASTE OF MOROCCO Merguez Lamb Smothered Pitta with Spicy Yoghurt Harissa Feta & Squash Borek with Black Onion Seeds Grilled Vegetable Couscous Sumac Red Onion & Tomato Salad Chilli Dusted Fries	TRADITIONAL Butchers Sausages with Caramelised Onion Gravy Grilled Veggie Sausages with Caramelised Onion Gravy Creamy Mashed Potatoes Roasted Broccoli Yorkshire Pudding	KOREAN Crispy Korean Chicken Burger Crispy Korean Sweet Potato Burger Nori Seasoned Potato Wedges Asian Slaw Sriracha Corn on the Cob	FISH & CHIP SHOP Battered Fish Fillet Crispy Vegetable Spring Rolls with Curry Sauce Chips Peas Baked Beans Curry Sauce



HOT DELI/GLOBAL EATS

FROM £2.50

Crispy Chicken Baguette with Katsu Mayo & Slaw
 Chilli Loaded Fries with Cheddar & Crispy Onions
 Tex Mex Chicken with Sour Cream & Nachos
 Jamaican Jerk Pork with Rice & Beans
 Crispy Chicken Tenders

DESSERTS

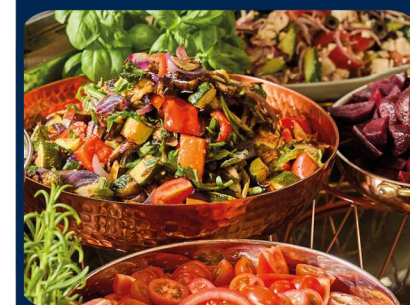
FROM £1.25

Belgian Waffles with Berry Sauce
 Key Lime Glazed Cake
 Autumn Pear & Berry Crumble with Custard
 Biscoff Frosted Carrot Cake
 Chocolate Brownie

MON
TUE
WED
THU
FRI



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W/C: 07/09/26, 28/09/26, 19/10/26, 09/11/26, 30/11/26

**ALLERGEN
INFORMATION**

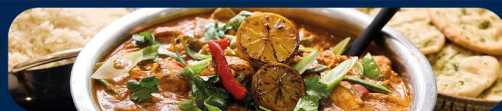
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MAINS

FROM £2.40

MON	TUE	WED	THU	FRI
ORIENT EXPRESS Sticky Hoi-Sin Chicken Stir-Fry Sticky Hoi-Sin Eat Curious Stir-Fry Soy & Ginger Noodles Roasted Chinese Leaf & Cabbage Prawn Crackers	TASTE OF ITALY Slow Cooked Ragu Beef Lasagne Mediterranean Roasted Vegetable Gnocchi Chef's Salad Garlic & Herb Slice Herby Diced Potatoes	MOST OF ROAST Roast Chicken with Stuffing & Herb Gravy Vegan Red Lentil Sage & Onion Sausage Roll with Herb Gravy Crunchy Roast Potatoes Savoy Cabbage & Carrots Yorkshire Pudding	BENGALI KATHI ROLLS Kolkata Chicken Wholemeal Kathi Roll with Minty Yoghurt Kolkata Paneer Wholemeal Kathi Roll with Minty Yoghurt Masala Fries Indian Coleslaw Mini Samosa	FISH & CHIP SHOP Battered Fish Fillet Vegetable Spring Roll with Sweet & Sour Sauce Chips Peas Baked Beans Curry Sauce



HOT DELI/GLOBAL EATS

FROM £2.50

MON
TUE
WED
THU
FRI

Cheesy Meatball Sub

 Korean BBQ Chicken Wings with Rice

 Fajita Nachos with Jalapenos & Sour Cream

 Vietnamese Chicken Bun Cha

 Crispy Chicken Tenders

DESSERTS

FROM £1.25

Sticky Ginger Cake

 Double Chocolate Pudding

 Berry Mess Cupcakes

 Hummingbird Cake

 Pancakes with Toffee Sauce

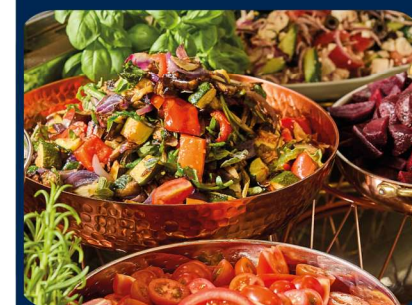
W/C: 14/09/26, 5/10/26, 16/11/26, 07/12/26

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